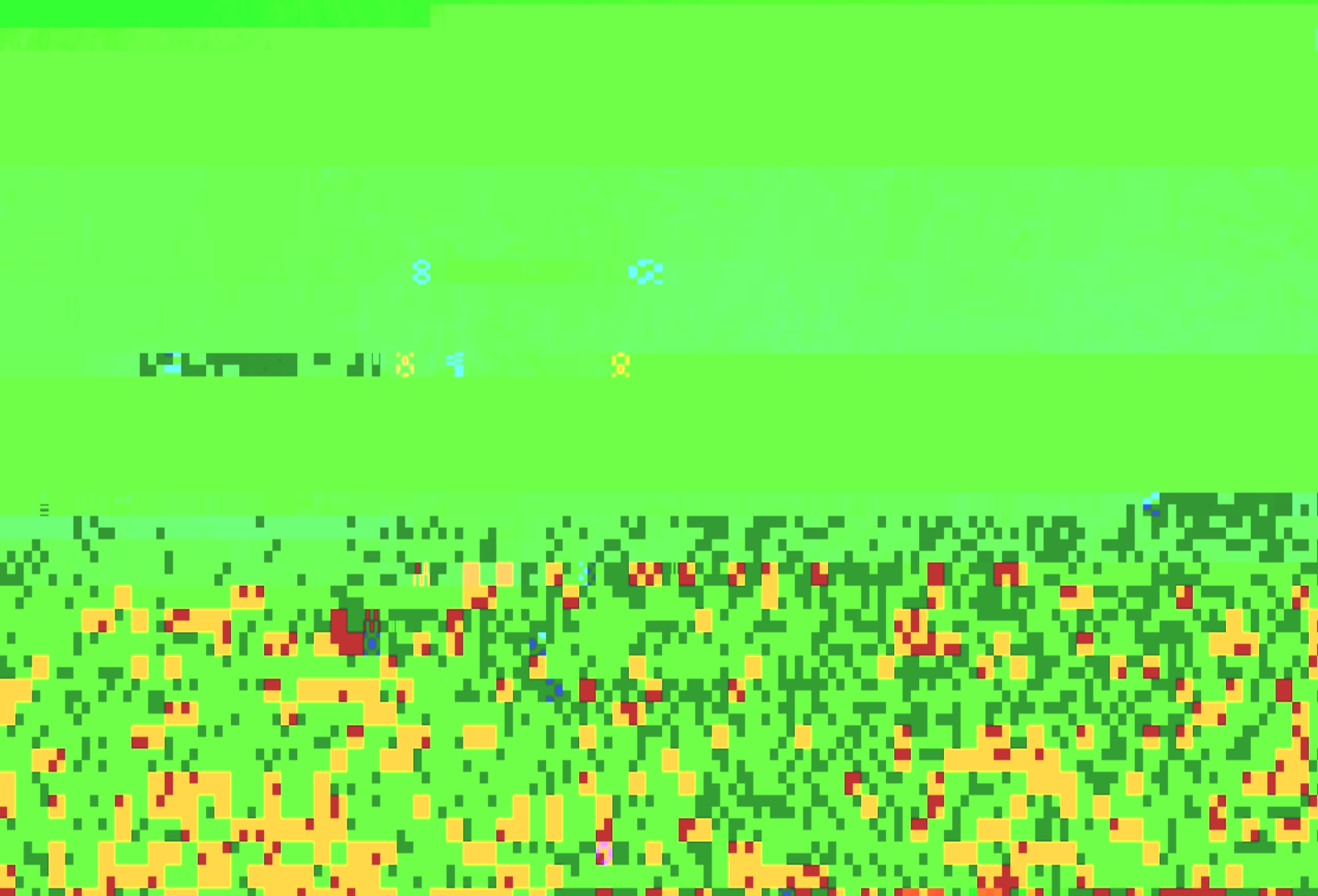


My Degree Map
COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN
EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION
PROGRAM YEAR 2017-2018

1ST YEAR



COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION PROGRAM YEAR 2017-2018

Complete all 6 sub-requirements (63 hours)

DR DENOTES A DEPARTMENTAL RECOMMENDED COURSE

A. AREA I:

Take the following courses:

Minimum Grade of "C" required

ENG 1101 Comp and Modern English I 3 hours

ENG 1102 Comp and Modern English II 3 hours

B. AREA II:

Take any 1000-2000 level course in literature 3 hours

Take any 1000-2000 level course with an expanded historical And Cultural Scope In fine arts, including the disciplines of Art, music, theatre, film, or other fine arts area. 3 hours

Take any two 1000-2000 level courses with an expanded Historical And Cultural scope in the humanities/fine arts Disciplines, including English, foreign languages, religion, Philosophy, classics, theatre, music, dance, communication, Sign language, interdisciplinary studies, or other humanities/Fine arts areas. 6 hours

C. AREA III:

Take The Following Courses:

TAKE BIO 1100/L100 Principles Of Biology W/Lab 3/1 hours

CHM 1142/L142 General Chemistry I W/Lab 3/1 hours

Take MTH 1112 ("C" or better) 3 hours

D. AREA IV:

Take Any 1000-2000 Level Course With A Primary Focus In History. 3 hours

Take Any Three 1000-2000 Level Courses From The Following Social Science Disciplines: Anthropology, Business, Criminal Justice, Economics, Geography, History, Human Services, Leadership Interdisciplinary Studies, Nursing, Political Science, Psychology, Religion, Social Work, Sociology, Or Other Social Science Areas. 9 hours

E. AREA V:

Take the following courses:

IS 2241 Computer Concepts & Applications 3 hours

TROY 1101 University Orientation 1 hour

KHP 1142 Beginning Weight Training 1 HOUR

KHP 2242 Intermediate Weight Training (Or Any 1000-2000 Level KHP Course) 1 HOUR

BIO 2220/L210 Principles Of Cell Biology/Lab 3/1 hours

CHM 1143/L143 General Chemistry II W/Lab 3/1 hours

KHP 2202 First Aid, Safety, Cpr 2 hours

KHP 2211 Human Nutrition 3 hours

COLLEGE OF HEALTH AND HUMAN SERVICES RECOMMENDED ACADEMIC PLAN EXERCISE SCIENCE PROGRAM-NUTRITION CONCENTRATION PROGRAM YEAR 2017-2018

EXERCISE SCIENCE PROGRAM

(40 hours)

Minimum 2.0 overall GPA Required

Take the following courses:

NSG 3315	Pathophysiology	3 hours
BIO 3347/L347	Human Anatomy & Physiology I/Lab	3/1 hours
BIO 3348/L348	Human Anatomy & Physiology II/Lab	3/1 hours
KHP 3352	Kinesiology (F,SP, SUM B)	3 hours
KHP 4459	Sport & Exercise Nutrition (F, SP)	3 hours
KHP 4474/L474	Exercise Physiology/Lab (F, SP, SUM A)	3/1 hours
KHP 4475	Exercise Test & Prescription (F, SP)	3 hours
KHP 4476	Lab Practicum Exercise Performance (F, SP)	2 hours
KHP 4488	Issues & Practice Cardiac Rehabilitation (F, SP)	3 hours
KHP 4495	Advanced Exercise Physiology (F, SP)	3 hours
KHP 4496/L496	Biomechanics/Lab	3/1 hours
KHP 4497	Senior Seminar In Exercise (F, SP)	1 hour
KHP 4498	Internship In Exercise Science (F, SP, SUM)	3 hours

NUTRITION CONCENTRATION

(19 hours)

Take The Following Courses:

BIO 1101/L101	Organismal Biology	3/1 hours
KHP 3310/L310	Introduction To Food Science W/Lab	3/1 hours
KHP 3311	Nutritional Assessment	3 hours
KHP 3315	Complementary And Alternative Therapies	2 hours
KHP 3316	Community Nutrition	3 hours
KHP 4458	Lifecycle Nutrition	3 hours

My Degree Map serves as a guide to assist you with the proper sequence and selection of courses. It does not replace your Program Evaluation (available through Trojan Web Express), which depicts the official document used to clear students for graduation. My Degree map includes the required course work and suggested sequence of courses for a particular degree program. Every reasonable attempt has been made to ensure accuracy of content. Please keep in mind that some courses, such as developmental or pre-requisite courses, are not reflected in My Degree Map. Completion of degree requirements is based on the specific catalog year under which you were admitted to TROY. Please consult the college catalog, your academic advisor, your specific school, department, or your Program Evaluation for any additional requirements.